

**God will restore
your broken heart
if you surrender
all things to Him.**



LIGHT OF LIFE—SURVIVING DIVORCE

Welcome to all who are divorced or currently filing for divorce. As you know, there are many difficulties and emotions throughout a divorce and a “mourning” period during the process and afterward.

There is hope and healing for Catholics. Consider joining us in a small group setting, for useful information, camaraderie and faith with others who are experiencing the same problems as yourself. This program was created by a variety of experts for Ascension Press which includes a workbook, videos and sources for additional help.

The aim of this group is to share experiences, feelings and insights in a confidential setting. Growth and healing come from our realization that God and His Church love us unconditionally. Through discipleship, prayer and mainly God’s Divine Mercy, we can find peace, recovery, healing and a faith-filled future. Christ is our Light of Life and guide to survival now and in the future.

St. Helena, Our Patron Saint, Pray for Us.

ST. HELENA
Patron Saint of Divorce

Details forthcoming:
8-10 sessions
Begins in the fall of 2023,
on Wednesdays, 6:30 pm – 8:00 pm.

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