

Advent Devotions for Married Couples



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27 Bless advent wreath & light 1st violet candle before dinner	28 Share a favorite memory (Psalm 143:8)	29 Install Gottman Card Deck app (free)	30 Spend device-free time together	1 Plan date to receive sacrament of reconciliation (1 Peter 4:8)	2 Dinner in with Gottman Card Deck conversation	3 Volunteer together & breakfast out (Ephesians 2:10)
4 Light 2 violet candles on Advent wreath & share what you're grateful for	5 Leave them a voicemail pick-me-up	6 Pray for their well-being (1 Thessalonians 5:11)	7 Email a quote that reminds you of them	8 Holy Day ~ attend mass together & light candle by Holy Family	9 Movie night & snacks (their choice)	10 Do one of their chores for them (1 Cor 16:14)
11 Light 2 violet + rose candle on Advent wreath & enjoy a special dessert	12 Plan a date night for this Friday	13 No strings attached hug & kiss (Psalm 85:10)	14 Look at your wedding album together (Colossians 3:14)	15 Pack them a love lunch with a word of encouragement	16 Date night out ~ practice loving gaze (Ephesians 4:2-3)	17 Take a walk or drive to see Christmas lights
18 Light all Advent wreath candles & pray to send light of Christ to all who need it	19 Start their car for them in the morning	20 Pray with Romans 12:10 ~ act of honor toward each other	21 Enjoy cookies & cocoa & looking at Christmas cards	22 Tuck a love note in the Christmas tree	23 One who usually doesn't cook makes dinner	24 Watch a Christmas movie together
25 Christmas Mass together (John 1:14)	26	27	28	29	30	31